

# Expressions of the Bloom



**The Meaning of Flowers, Herbs, Spices and Trees**

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Compiled by Diana M. Sundwall

Memorial Gardens have become a popular and wonderful way to remember loved ones, but have you ever wondered what each flower, tree, or herb means? During the nineteenth century there was a tremendous interest in the meaning of plants and their connection to the languages of emotion, love, and memorializing. These classical and romantic meanings are still attached to plants and still serve as a wonderful way to remember loved ones.

For centuries the bereaved have turned to gardens as a place to reflect and remember. Gardens have served as a place of great beauty, a place in which to gather your inner strength and a place to vent your emotions or frustrations.

The possibility is there for you to create your own garden using flowers, herbs and trees. Remember, your garden should not be based on size, but rather on content. You do not want a garden that is too big for you to handle, too time consuming, or not your style. Always start small; you can expand your garden in the coming years. If planting a traditional garden is not of interest to you consider planting a window box or a deck pot. It's important to remember that gardens come in all kinds of types and shapes. Some are water gardens, with lovely blooming water plants and fountains, other are planted in the ground and are always nice and tidy. Of course there is the old fashioned garden that is arranged in a soft flowing, charming manner with turning paths and secret resting spots.

Some gardens contain purchased plants, while others have flowers, trees, shrubs and herbs that have been given by cherished family members or friends. For example, yellow lilies from your mother's garden, peonies from your grandmother, daisies from your best friend, hosta's from the family next door and new white iris in memory of a loved one. Finishing touches are never ending in gardens. Perhaps you add a fountain and line it with rock from your grandfather's field, or you add that special statue or trellis in memory of someone dear.

But what if the gardening end of it is just not for you? Remember, flowers can be purchased. You can create a beautiful little nosegay or huge bouquet for your home, office, a friend, or your loved one's grave. The fragrance and beauty of fresh, silk, or dried flower and herbs can settle the soul and warm a heart.

Whatever style, try to choose flowers, trees, and herbs that hold special meaning, come from someone special, or have traditionally carried a precious message.

George Elliot once said "Surely these flowers keep happy watch; their breath is their fond memory of the loving light."

## ***Love and a Rose***

By Karen M. Fye

One rose dies in the morning sun,  
One bud blooms, a new life begun.

To the rose should we go when our love  
    passes on,  
Can you see the new life our hearts wait upon?

The dreams and the memories,  
    mere shadow of time,  
They flow as we ponder the dance through our  
    minds.

And dance we must, to do life's flow  
    To go on and completely let go.

Inside is a well with a spring, ever deep  
Climbing up, up, up, as we struggle to keep  
    Our dreams tossed and blown,  
    by a merciless wind  
To a place we can't see, nor can we enter in.  
Hope forever lives in this world of broken-ness  
    And brings promises of peace to our  
    unhappiness.  
Like the rose as it grows and become a  
    teaching friend  
    Life ends,  
but it begins and starts all over again.  
Love never dies, nor brings to an end  
A life and its dreams; live on, my friend.  
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## ***My Secret Garden***

My sorrow is  
my secret garden  
    where I go  
when I feel alone.

There I find  
the brook of tears,  
the soft blossom of a broken heart,  
and fields of emptiness.

My secret garden  
grows freely  
in the darkness  
of my baby's death.

Where do I find  
a single bud of hope  
watered by my tears?  
Hiding there,  
in a meadow of despair.

I am alone  
in my garden  
because I've lost  
my way.  
Please take my hand  
and walk with me  
along my path today.

# A

**Abutilon** ~ Meditation

**Acacia** ~ Concealed love, Chaste love, Friendship, Beauty in retirement

Pink ~ Grace

Rose or White ~ Elegance, Friendship

Yellow ~ Secret love

**Acanthus** ~ Artifice, fine arts

**Achillea** ~ War

**Aconite** ~ Luster, Misanthropy

**Acorn** ~ Nordic Symbol of life and immortality

**Adder's Tongue** ~ Jealousy

**Adonis** ~ Sad memories

**Agrimony** ~ Gratitude

**Allspice** ~ Compassion

**Almond** ~ Imprudence, Indiscretion, Perfidy

**Almond Flowering** ~ Concealed love, hope

**Aloe** ~ Grief, Misplaced devotion, Religious superstition

**Althaea or Alcea** ~ I am deeply in love, consumed by love

**Alyssum** ~ Excellence beyond beauty, Modesty

**Amaranth** ~ Foppery, Immortality, Pretension, Piety, Unchangeable

**Amaryllis** ~ Proud, Beautiful, Splendid beauty

**Ambrosia** ~ your love is returned or reciprocated

**Anemone** ~ Forsaken, Estrangement, Expectation, Loneliness, Fading hope, Symbol of love

**Angelica** ~ Inspiration, Magic

**Apple Blossom** ~ Good Fortune, Preference, Partiality, Hope, Temptation

**Arborvitae** ~ I never change, Live for me, Unchanging friendship, Immortality

**Arbutus** ~ You are the only one I love

**Asclepias** ~ Sorrowful remembrance

**Ash** ~ Prudence, Dignity, With me you're safe

**Aspen** ~ Excess of sensibility, Fear

**Asphodel** ~ Memorial sorrow, My regrets follow you to the grave

**Aster** ~ Symbol of love, Daintiness, Variety, Diversity

**Astilbe** ~ Love at first sight

**Auricula** ~ Wealth in not always happiness

**Azalea** ~ Take care of yourself for me, Temperance, Fragile, Passion, Chinese symbols of womanhood, Forbearance

## B

**Baby's Breath** ~ Pure heart, Innocence, Constancy  
**Baby Violet** ~ Faithfulness  
**Bachelor's Button** ~ Single blessedness, Celibacy, Hope in love  
**Balm** ~ Sympathy, Society  
**Balsam** ~ Impatience, pray  
**Barberry** ~ Sharpness of temper  
**Basil** ~ Hatred, Animosity  
**Bay Leaf** ~ I change only dying  
**Bayberry** ~ Discipline, Instruction  
**Beech** ~ Affluence  
**Begonia** ~ Beware, Warning, Deformity  
**Belladonna Lily** ~ Beautiful but timid, pride, pastoral, Silence  
**Bellflower** ~ Constancy, Gratitude, I wish to speak to you  
**Bells of Ireland** ~ Good luck  
**Bellwort** ~ Hopelessness  
**Bilberry** ~ Treachery  
**Birch** ~ Grace, meekness  
**Bittersweet** ~ Truth, Platonic love  
**Black Locust** ~ Platonic love  
**Blackthorn** ~ Difficulty  
**Bleeding heart** ~ Broken heart, longing  
**Bluebell** ~ Constancy, Humility, Loyalty, Sorrowful, Regret, Fidelity  
**Bluebottle** ~ Delicacy  
**Borage** ~ Bluntness, Talent  
**Box** ~ I believe in your constancy  
**Bramble** ~ Holiness, Remorse  
**Broom** ~ Humility, Neatness  
**Bryony** ~ Prosperity  
**Bulrush** ~ Docility  
**Burdock** ~ Importunity  
**Buttercup** ~ Riches, You are rich, Childishness, Ingratitude  
**Butterfly Bush/Weed** ~ Let me go, Cure for heartache

## C

**Cactus** ~ Endurance, Warmth, Affection

**Calla Lily** ~ Beauty

**Calycanthus** ~ Benevolence

**Camellia** ~ Admiration, Perfection, Good luck, Gift to a man, Gratitude, My destiny is in your hands, Reflected loveliness

Blue ~ you're a flame in my heart

Pink ~ Longing for you

Red ~ You're a flame in my heart, unpretending excellence

White ~ You're adorable, Perfected loveliness, Without blemish, worth

**Camellia Japonica** ~ Surpassing excellence

**Campanula** ~ Thankfulness

**Candytuft** ~ Indifference

**Canterbury Bell** ~ Gratitude, Acknowledgment, Obligation

**Cape Jasmine** ~ You're lovely, secret love

**Cardamom** ~ Paternal error

**Cardinal Flower** ~ Distinction

**Carnation** ~ Distinction, Fascination, Pure and deep love, Admiration, My heart aches for you, Pure and deep love

Deep Red ~ Alas, for my poor heart

Pink ~ I'll never forget you, Unforgettable, Woman's love

Purple ~ capriciousness

Red ~ Admiration, Ardor

Solid Color ~ Yes

Stripped ~ No, refusal, I can't be with you, Rejection

White ~ Sweet, lovely, innocence, pure, good luck

Yellow ~ disappointment, rejection

**Catalpa** ~ Beware of the coquette

**Catchfly** ~ Pretended love, Snare, Unchanging friendship

**Cattail** ~ Peace, prosperity

**Cattleya** ~ Matronly grace, Mature charms

**Cedar** ~ Strength, I live but for thee, Think of me

**Celandine** ~ Joys to come

**Centaurea** ~ Delicacy

**Cereus** (creeping) ~ Modest genius

**Cereus** (night blooming) ~ Transient beauty

**Chamomile** ~ Fortitude, Energy in adversity

**Cherry Blossom** ~ Spiritual beauty, Good Education

**Chervil** ~ Sincerity

**Chestnut** ~ Do me justice

**Chestnut Blossom** ~ Do me justice

**Chickweed** ~ Give an account of yourself, Rendezvous, Assination

**Chicory** ~ Frugality

**Christmas Rose** ~ Relieve my anxiety

**Chrysanthemum** ~ Upbeat outlook, friendship, truth, cheerfulness, rest, a desolate heart, Optimism, A desolate heart

**Cineraria** ~ Always delighted

**Cinquefoil** ~ Maternal affection

**Cistus** ~ Popular favor

**Citron** ~ natural beauty  
**Clematis** ~ Intelligence, Mental beauty, I love your mind  
**Clematis** (evergreen) ~ Poverty  
**Clianthus** ~ Self seeking, Worldliness  
**Clotbur** ~ Rudeness  
**Clover** ~  
    Four leaf ~ Be mine  
    Red ~ Diligence, Industry, Good  
    White ~ Think of me  
**Cloves** ~ Dignity, Nobility  
**Cobaea** ~ Gossip  
**Cockscomb** ~ Do you love me?, Affectation, Pretension  
**Coltsfoot** ~ Justice shall be done  
**Columbine** ~ Folly, Inconstancy, foolishness  
    Purple ~ Resolved to win  
    Red ~ Worried, Trembling  
**Convolvulus** ~ Uncertainty, Quandary  
    Major ~ Despondency, Extinguished hopes  
    Minor ~ Night  
    Pink ~ Worth sustained by affection  
**Corchorus** ~ Return quick  
**Coreopsis** ~ Always cheerfulness, Gladness  
**Coriander** ~ Hidden worth, Never judge solely on appearances  
**Corn Blossom** ~ Riches  
**Corn Cockle** ~ Peerless and proud  
**Cornflower** ~ Delicacy, Refinement  
**Cowslip** ~ Comeliness, Winning grace, You are my divinity, You are wonderful  
**Coxcomb** ~ Foppery  
**Crabapple Bloom** ~ Irritability  
**Cranberry** ~ Cure for heartache, Hardness  
**Cress** ~ Power, Stability, Abuse not  
**Crocus** ~ Cheerfulness, Gladness, Mirth, Abuse not  
    Spring ~ youthful joy and exuberance  
    Saffron ~ Joviality  
**Crowfoot** ~ Ingratitude  
**Crown Imperial** ~ Arrogance, Majesty, Pride of birth  
**Cuckoo Flower** ~ Ardor  
**Cudweed** ~ Unceasing remembrance  
**Currant** ~ Your frown will destroy me  
**Cuscuta** ~ Meanness  
**Cyclamen** ~ Resignation, goodbye, Diffidence, Modesty  
**Cypress** ~ Despair, Mourning, Without hope, Deceitful, Vanity, Regard, Unrequited love

## D

**Daffodil** ~ Joy, Much regard, Unrequited love, You're the only one, Respect, Esteem,  
Yellow ~ Gallantry

**Dahlia** ~ Dignity, Elegance, Capriciousness, I will sustain it, Instability, Rebuff, Forever yours  
Yellow ~ Distaste

**Daisy** ~ Innocence, Youthful purity, loyalty, Cheerfulness, I will think about it  
Colored ~ Beauty  
Garden ~ Share your sentiments  
Gerbera ~ Thoughts of absent friends  
Michaelmas ~ Farewell  
Wild White ~ I will think of it

**Dandelion** ~ Faithfulness, Happiness, Prophet, Coquetry, Love's oracle, I accuse you of

**Daphne** ~ Fame, Glory, Sweets to the sweet

**Darnel** ~ Vice

**Datura** ~ Charming

**Dead Leaves** ~ Sadness

**Delphinium** ~ Airy

**Dew plant** ~ Serenade

**Diosma** ~ Your simple elegance charms me

**Dittany of Crete - White** ~ Passion

**Dock** ~ Patience, Endurance

**Dodder of Thyme** ~ Baseness

**Dogbane** ~ Falsehood, Figment, I doubt you

**Dogwood** ~ Success crowned you

## E

**Eglantine** ~ Genius, I wound to heal, Poetry, Talent

**Elder** ~ Compassion, Zealousness

**Elm** ~ Majesty

**Endive** ~ Frugality

**Eschscholtzia** ~ Do not refuse me

**Eupatorium** ~ Delay

**Evergreen** ~ Indigence

**Everlasting** ~ Always remembered

**Eyebright** ~ Cheer up



## F

**Funnel** ~ Strength, Courage, Worthy of praise, Hardness  
**Fern** ~ Magic, Fascination, Confidence, Shelter, Grace, Sincerity  
**Fern Maidenhair** ~ Secret bond of love, Discretion  
**Fig** ~ Argument, I keep my secret  
**Filbert** ~ Reconciliation  
**Fir** ~ Time  
**Flax** ~ Domestic symbol, I feel your kindness, Fate  
**Fleur de lis** ~ Message  
**Flower of an Hour** ~ Delicate beauty  
**Forget Me Not** ~ True love, Memories, Do not forget me, Remembrance  
**Forsythia** ~ Anticipation  
**Four o'clock** ~ Timidity  
**Foxglove** ~ Insincerity, Your false, Stateliness, Youth, Hypocrisy  
**Foxtail Grass** ~ Sporting  
**Freesia** ~ Trust  
**Fuchsia** ~ Taste, Confiding love, Frugality  
**Fumitory** ~ Spleen  
**Furze** ~ Anger, Love for all occasions

## G

**Gallic** ~ Courage, strength  
**Gardenia** ~ Secrets untold love, You're lovely, Refinement, Purity  
**Gentian** ~ You are unfair  
    Closed ~ Sweet by thy dreams  
    Fringed ~ I look to heaven  
**Geranium** ~ Folly, I prefer you, Courtliness, Gentility, Peaceful mind, Elegance  
    Dark ~ Melancholy  
    Fish ~ Disappointed expectation  
    Horseshoe ~ Stupidity  
    Ivy ~ Favor  
    Lemon ~ Unexpected meeting  
    Nutmeg ~ Expected meeting  
    Oak ~ True friendship  
    Penciled ~ Ingenuity  
    Rose ~ Preference  
    Scarlet ~ Comforting, Consolation  
    Silver leafed ~ Recall  
    Wild ~ Steadfast piety  
**Gilly Flower** ~ Bonds of affection, Lasting beauty, Fair  
**Gladiola** ~ Generosity, I am very sincere, Ready armed, Strength of character, Love at first sight  
**Globe Amaranth** ~ Unfading love, Constant, Unchangeable  
**Gloxinia** ~ Love at first sight  
**Goldenrod** ~ Success, Encouragement, Be cautious, Support  
**Gooseberry** ~ Anticipation, Expectancy  
**Gorse** ~ Ire  
**Grape - wild** ~ Charity, Mirth  
**Grass** ~ Submission, Usefulness

## H

**Handflower** ~ Warning  
**Harebell** ~ Grief, Submission  
**Harlequin** ~ Laugh at trouble  
**Hawkweed** ~ Quick sighted  
**Hawthorn** ~ Hope, Expectation  
**Hazel** ~ Reconciliation, Heart is agitated, Reunion  
**Health** ~ Solitude  
**Heather** ~ Admiration, Solitude, Protection, Wishes will come true, Loneliness  
**Helenium** ~ Tears  
**Heliotrope** ~ Devotion, Attachment, Eagerness, Intoxicate with joy, Let us pray for each other  
**Hellebore** ~ Malicious representation, you have listened, Scandal  
**Hemlock** ~ You will cause my death  
**Hemp** ~ Fate  
**Hibiscus** ~ Delicate beauty  
**Holly** ~ Am I forgotten?, Good wishes, Defense, Domestic Happiness, Foresight  
**Hollyhock** ~ Ambition, fertility, I seek glory, Fruitfulness, Aspiration  
**Honesty** ~ Honest, Fascination  
**Honey Flower** ~ Love sweet and secret  
**Honeysuckle** ~ Generous, Devoted affection, Fidelity, Bonds of love, Sweet disposition  
**Hop** ~ Injustice  
**Hornbeam** ~ Ornament  
**Horse Chestnut** ~ Luxury  
**Houseleek** ~ Domestic industry, Vivacity  
**Haustoria** ~ content ever with you  
**Huckleberry** ~ Faith  
**Hyacinth** ~ Games, sports, richness, dedicated to Apollo, Playful  
    Blue ~ Consistency  
    Purple ~ Grief, I am sorry, please forgive me, sorrow  
    Red or pink ~ Play  
    White ~ Loveliness, I'll pray for you, unobtrusive loveliness  
    Yellow ~ Jealousy  
**Hydrangea** ~ Thank you for understanding, Frigidity, Heartlessness, Boaster  
**Hyssop** ~ Cleanliness

## I

**Ice Plant** ~ Old beau, Rejected, Your looks freeze me  
**Impatiens** ~ Impatient  
**Iris** ~ A message for you, Hope, Power, Wisdom, A wonderful friendship, Faith, Valor, My compliments Eloquence, Massive  
    German ~ Aflame, I burn adversity  
    German Bearded ~ Ardor  
    Yellow ~ Sorrow, Passion  
**Ivy** ~ Fidelity, Friendship, Affection, Wedding love, Loyalty, Conjugal affection  
    Sprig of White Tendril ~ anxious to please, affection

## J

**Jacob's Ladder** ~ Come down

**Jasmine** ~ Amiability, sensuality, grace, elegance

Cape ~ I am too happy

Carolina ~ Separation

Indian ~ Attraction, I attach myself to you

Night blooming ~ Love's vigil

Spanish ~ Sensuality

White ~ I desire a return of my affection

Yellow ~ Grace and elegance

**Johnny Jump Up** ~ Love in idleness, Modesty, Pleasant thoughts, Thinks of me,  
You occupy my thoughts

**Jonquil** ~ Love me, affection returned, desire, sympathy

**Judas Tree** ~ Betrayal, Unbelief

**June Lilies - White** ~ Purity and sweetness

**Juniper** ~ Safekeeping

## K

**Kingcup** ~ Riches

## L

**Laburnum** ~ Forsaken, Pensive beauty

**Lady's Slipper** ~ Capricious beauty, Win me and wear me, Fickleness

**Lady's Smock** ~ Ardor

**Lady's Thimble** ~ Grief, Submission

**Lady's Tresses** ~ Bewitching grace

**Lambs-ear** ~ Gentleness

**Lantana** ~ I am unyielding

**Lapageria** ~ There is no unalloyed good

**Larch** ~ Audacity, Boldness

**Larkspur** ~ Attachment, Levity

Pink ~ Fickleness, Flippancy

Purple ~ Haughtiness

**Laurel** ~ Perfidy, Treachery, Ambition, I will win, Splendor

Ground ~ Perseverance, Token

Mountain ~ Ambition, Aspiration

**Laurestine** ~ I die if neglected  
**Laurus** ~ Constant, Unchanging  
**Laurustinus** ~ A token, pray remember  
**Lavender** ~ Happiness, Devotion, Failure, Refusal, Acknowledgment, Distrust  
**Lemon** ~ Discretion  
**Lemon Blossom** ~ Fidelity in love, Zeal  
**Lettuce** - Iceberg ~ Cold heartedness  
**Lichen** ~ Dejection, Refusal, Solitude  
**Lilac** ~ Fastidiousness, Do you still love me?, Beauty  
    Purple ~ First love, First emotions of love  
    White ~ Youthful Innocence  
**Lily** ~ Purity, Pride, Innocence  
    Calla Lily ~ Magnificent Beauty, Maiden modesty  
    Day Lily ~ Chinese emblem for mother, coquetry  
    Eucharist Lily ~ Maiden charm  
    Frog ~ Disgust  
    June ~ Purity and sweetness  
    Orange Lily ~ Hatred  
    Peruvian Lily ~ Devotion  
    Tiger ~ Wealth, Pride, prosperity, Dare you to love me  
    Water ~ purity of heart  
    White Lily ~ Virginity, Purity, Majesty, Heavenly to be with you  
    Yellow Lily ~ I'm walking on air, falsehood, gratitude  
**Lily of the Valley** ~ Happiness, sweetness, tears of the Virgin Mary, Return to happiness, humility, you have made my life complete, Let's make up  
**Lime** ~ Conjugal love  
**Linden** ~ Conjugal love  
**Lisianthus** ~ Thoughts  
**Live Oak** ~ Liberty  
**Liverwort** ~ Confidence  
**Lobelia** ~ Dislike, Rebuff, Arrogance, Malevolence  
**Locust** ~ Affection beyond the grave, Vicissitude  
**London Pride** ~ Frivolity  
**Lotus** ~ Eloquence, mystery and truth, Estranged love  
**Love in a Mist** ~ Perplexity  
**Love Lies Bleeding** ~ Hopeless but not heartless  
**Lucerna** ~ Life  
**Lupine** ~ Voraciousness  
    Rose ~ Fanciful  
    White ~ Always happy

# M

**Madder** ~ Backbiting, Tranquility

**Magnolia** ~ Nobility, love of nature, Benevolence, High Souled, Magnificence

Swamp ~ Perseverance

Marsh Marigold ~ Riches

**Maize** ~ Riches

**Mallow** ~ Mildness, Gentleness

**Manchineel** ~ Falsehood

**Mandrake** ~ I would to soothe

**Maple** ~ Reserved, Constraint, Retirement

**Marigold** ~ Cruelty, Grief, Jealousy, Sacred affection, Despondency

**Marjoram** ~ Innocence, Blushes

**Marsh Mallow** ~ Beneficence in consent

**Marvel of Peru** ~ Timid

**Mayflowers** ~ You only do I love

**Meadow Saffron** ~ My best days are past

**Meadowsweet** ~ Uselessness

**Melissa** ~ Fun, Pleasantry, Sympathy

**Mesembryanthemum** ~ Idleness

**Mezereon** ~ Desire to please

**Mignonette** ~ Your qualities surpass your charms, I live for thee

**Milford** ~ War

**Milk vetch** ~ Your presence softens my pain, Comfort

**Mimosa** ~ Wonderful Friendship, Exquisite, Fastidious, perception

Mimosa Bloom ~ Concealed Love, Beauty in retirement

**Mint** ~ Virtue, Strength, Virility, Warmth of feeling, Let us be friends again, Purity

**Mistletoe** ~ Kiss me, affection, to surmount difficulties, sacred plant of India, magic plant of the druids, You are a parasite

**Mock Orange** ~ Recollection, Counterfeit

**Monarda** ~ Your whims are unbearable

**Monkshood** ~ Deadly foe is near, Beware, Danger is near, Chivalry, Gallantry

**Moonflower** ~ I only dream of love

**Morning Glory** ~ Affection

**Moschatel** ~ Weakness

**Moss** ~ Maternal love, Charity, Patience, Pray wait, Boredom

**Moss Rose** ~ Confession of love

**Motherwort** ~ Concealed love

**Mourning Bride** ~ I have lost all, Unfortunate to attachments

**Mugwort** ~ Happiness, Peace

**Mulberry** ~

Black ~ I shall not survive you, Sadness

White ~ Wisdom

**Mullein** ~ Take courage

**Mum** ~ Hope, All is not lost

**Musk** ~ Vulnerability, Be bolder

**Mustard** ~ I'm smart, I am hurt

**Myrtle** ~ Love in absence, Hebrew Emblem of Marriage, Love positive

Wax ~ Discipline, Instruction

## N

**Nandina** ~ My love will grow warmer

**Narcissus (Daffodil)** ~ Formality, Stay as sweet as you are, Egotism, Vanity, You love yourself too well

**Nasturtium** ~ Conquest, Victory in battle, Patriotism, Affectation

**Nettle** ~ Slander, Cruelty, You are spiteful

**Nightshade** ~ Your thoughts are dark, Falsehood, Verity

**Nuts** ~ Stupidity

## O

**Oak** ~ long live, strong, forever, Hospitality

**Oak Leaf** ~ Courage, I will endure

**Oats** ~ The witching soul of music, I love your music

**Oleander** ~ Caution, Heed

**Olive or Olive Branch** ~ Peace and security

**Orange Blossom** ~ Purity, Chastity, Innocence, Eternal love, Marriage, Fruitfulness, Bridal festivities, Your purity Equals your loveliness

**Orange Mock** ~ Deceit

**Orchid** ~ Beauty, love, refinement, Chinese symbol of many children, thoughtfulness

Bee ~ Error, Industry

Butterfly ~ Gaiety

Cattleya ~ Mature charm

Fly ~ Error

Wild ~ you are a belle, You flatter me

**Oxeye** ~ Be patient

## P

**Palm and Palm Leaves** ~ Victory, Conquest, Success

**Pansy** ~ Thinking of you, Pleasant thoughts, Modesty, Reflections

**Parsley** ~ Useful knowledge, Festivity, Entertaining

**Pasque flower** ~ You have no claims

**Passion flower** ~ Faith, Belief, Piety, Trust in God, Holy love, Religious fervor, superstition

**Pea - everlasting** ~ appoint a meeting, Lasting pleasure

**Peach Blossom** ~ I am your captive

**Pear** ~ Affection

**Pear Blossom** ~ Tenderness, Not altogether lovely

**Pelargonium** ~ Fervor

**Pennyroyal** ~ You had better go

**Peony** ~ Happiness, compassion, Indignation, Anger, Bashfulness

**Pepper flower** ~ Satirical thoughts

**Peppermint** ~ Warm feelings

**Periwinkle** ~ Never forget, Memory, Pleasing remembrance

Blue ~ Early friendship

White ~ Harmony, Pleasure of memory, Fond reminiscences

**Persicaria** ~ Restoration

**Persimmon Blossom** ~ Bury me amid nature's beauties, I shall surprise you by and by

**Petunia** ~ Resentment, I am furious, Your presence soothes me, Don't lose hope

**Pheasant's Eye** ~ I can't forget you

**Phlox** ~ Friendship, Unanimity, Assent

Star Shaped ~ Affability, Trying to please you, Agreements

**Pimpernel** ~ Assignation, Change

**Pine** ~ Hope, Pity, Compassion

**Pink** ~ Boldness, Fragrance, Household love, I am at home

China ~ My heart aches

Double red ~ Ardent love, Darling

Indian ~ Always lovely

Mountain ~ Aspiration, Desiring

Variiegated ~ Refusal, Rejection

White ~ Fascination, Talent

**Plum Blossom** ~ Keep your promises, Fidelity

**Plumbago** ~ Holy wishes

**Polyanthus** ~ Purse proud

**Pomegranate Blossom** ~ Grace, Mature elegance, Perfection

**Poppy** ~ Eternal sleep, Consolation, Oblivion, Imagination, Forgetfulness, Pleasure, Wealth, and Success

Oriental ~ Quiet

Red ~ Pleasure

Scarlet ~ Fantastic extravagance, Profligacy

Variiegated ~ Flirtation

White or Opium ~ My antidote, my bane, Forgetfulness, Sleep, Indecision

Yellow ~ Wealth, Success

**Potentilla** ~ I claim your esteem

**Pride of China** ~ Dissension

**Primrose** ~ Believe me, Youth and sadness, Childhood, Youth, Bashfulness, Inconstancy, Neglected merit

Evening ~ Sweet memories, Inconstancy, Early youth

Red ~ Neglected merit

**Prince's Father** ~ I blush for you

**Privet** ~ Prohibition

**Pyxie** ~ Life is sweet

## Q

**Quaking Grass** ~ Agitation, Turbulence

**Quamoclit** ~ Busybody

**Queen Anne's Lace** ~ Steadfast love

**Queen of the Meadow** ~ Uselessness

**Quince Blossom** ~ Temptation, Provocation

# R

**Ragged Robin** ~ Ardor

**Ranunculus** ~ Dazzled by your charms, Attractiveness, You are radiant with charm

**Raspberry Blossom** ~ Remorse, penitence

**Reed** ~ Submission

Spit Reed ~ Imprudence

**Rhododendron** ~ Beware, I am dangerous

**Rocket** ~ Rivalry, Conflict

**Rose** ~ Deep Love, Perfect happiness, Always, Desire, Friendship, Unity, Warm heart, Love at first sight, Joy, Gladness, Please believe me, Passion

Burgundy ~ Unconscious beauty

Coral ~ Desire and enthusiasm.

Crimson ~ Mourning

Dark Pink ~ Thank you

Deep Red ~ Admiration, Bashful, Embarrassment, shame

Faded ~ Beauty is fleeting

Lavender ~ Enchantment

Light Pink ~ Admiration

Orange ~ Fascination

Pale Colors ~ Friendship

Peach ~ Let's get together, closing of the deal

Pink ~ Grace, gentility, joy, thankfulness, the glow of your smile,  
perfect happiness

Pink and White ~ I love you still and always will, Unity

Red ~ I love you, respect, courage, passion and divine love.

Red and White ~ Unity

Red and Yellow ~ Congratulations

White ~ You're heavenly, reverence, purity, secrecy, spiritual love and  
innocence, pure silence

White Dried ~ Death is preferable to loss of virtue

White Withered ~ Transient impression, fleeting beauty, you made no  
impression, I am in despair

Yellow ~ Joy, friendship, enjoy the moment, I to care, welcome back, lets forget

Yellow and Orange ~ Passionate thoughts

Austrian Rose ~ Your are all that is lovely

Bridal ~ Happy love

Rosebud ~ Beauty, youth, pure and lovely

Red ~ Inclined to love, Pure and lovely

White ~ Too young to love, Heart ignorant of love, the heart that knows no love

Cabbage ~ Ambassador of love

Carolina ~ Love is dangerous

China ~ Beauty always new

Rose - Christmas ~ Tranquilize my anxiety, anxiety

Damask ~ Persian Ambassador of love, Beauty ever new, Young and brilliant,  
Freshness

Full Blossom ~ Engagement

Full Blossom placed over buds ~ Secrecy

Grandiflora ~ high souled

Garland or Crown ~ Beware of Virtue, reward of merit, symbol of superior merit



Guilder ~ Aged, Winter  
 Half Blossom ~ Timid love  
 Hibiscus ~ Delicate, beauty  
 Jacqueminot ~ I am true  
 Japanese ~ Beauty is your only attraction, Illusion  
 La France ~ Meet me by moonlight  
 leaf ~ You may hope  
 Marechal niel ~ Yours, Heart and soul  
 Montiflora ~ Grace  
 Moss ~ Superior, Confessions of love  
 Mundi ~ Variety  
 Musk ~ Charming, Capricious beauty  
 Provence ~ My heart is in flames  
 Rock ~ Popular favor  
 Rose Single Bud ~ Perpetual love  
 Rose - two taped or wired together ~ Symbol of engagement and future marriage  
 Single Full Bloom ~ I love you, I sill love you  
 Tea Rose ~ I'll remember, always  
 Thornless ~ Love at first sight, Ingratitude, Early Attachment  
 Wild ~ Simplicity  
 York and Lancaster ~ Conflict  
**Rosemary** ~ Remembrance, Your presence revives me, Fidelity, Love  
**Rudbeckia** ~ Impartiality  
**Rue** ~ Go, Never return, beware of excess pleasure, contempt

## S

**Saffron** ~ Voluptuousness, You are perfectly lovely, Marriage, Avoid Surfeit  
**Sage** ~ Domestic virtue or duties, Gratitude, Esteem, Cherished  
**Sainfoin** ~ You Confuse me  
**Saint John's Wort** ~ Hostility, Thinking of you, Animosity  
**Salvia** ~  
     Sage ~ Esteem, Domestic virtue, Long life, Wisdom  
     Blue ~ Wisdom  
     Red ~ Untiring energy, Always yours  
**Satin flower** ~ Fascination  
**Saxifrage** ~ Affection, Tenderness  
**Scabiosa** ~ Unfortunate love  
     Sweet ~ Widowhood  
**Sea bindweed** ~ Uncertainty  
**Sensitive plant** ~ Fine Sensibility  
**Senvy** ~ I'm smart  
**Shamrock** ~ Light heatedness, Loyalty, Cheerfulness  
**Shepherd's purse** ~ O offer you all  
**Smilax** ~ Loveliness, Constancy  
**Snapdragon** ~ Deception, Gracious lady, Strength, Presumption, No!  
**Snowball** ~ Bound thoughts of heaven  
**Snowdrop** ~ Consolation, Friendship in trouble, Faithful in adversity, Expectancy

**Sorrel** ~

Wild ~ Ill timed wit  
Wood ~ Secret sweetness

**Southernwood** ~ Bantering, Jest

**Spearmint** ~ Warm Sentiments

**Speedwell** ~ Womanly fidelity

**Spiderflower** ~ Elope with me

**Spiderwort** ~ I esteem but do not love you

**Star of Bethlehem** ~ Atonement, Reconciliation

**Starwort** ~ Afterthought

**Statice** ~ Sympathy

**Stephanotis** ~ Happiness in Marriage, travel

**Stock** ~ Bonds of affection, Promptness, You'll always beautiful to me, Lasting beauty

**Stonecrop** ~ Tranquility

**Straw** ~ Agreement

Broken ~ Broken agreement

**Strawberry Blossoms** ~ Far sightedness

**Sumac** ~ I shall survive the change

Dwarf ~ Adoration

**Sunflower** ~ Large ~ You are splendid, Arrogance

Short ~ Adoration, Pride

**Sweetpea** ~ Delicate pleasure, Remember me, Good bye, Departure, Blissful pleasure, Thank you for a lovely time, Lets meet, Tenderness

**Sweet William** ~ Gallantry, Grant me one smile

**Sycamore** ~ Genius

**Syringa** ~ You shall be happy yet

## T

**Tamarisk** ~ Crime

**Tansy** ~ Resistance, I oppose you, Dislike, Refusal

**Teasel** ~ Misanthropy

**Thistle** ~ Independence, Austerity, Sternness

Scotch ~ Retaliation

**Thorn Apple** ~ Delusive beauty

**Thrift** ~ Sympathy

**Thyme** ~ Courage, Activity, Grace, Elegance, Domestic virtues, Thriftiness, I am diligent, Liveliness

**Tickle grass** ~ fleeting

**Trefoil** ~ Retribution

**Trillium** ~ Modest ambition

**Trumpet Flower** ~ renown, Fame

**Tuberose** ~ Dangerous pleasures

**Tulip** ~ Perfect lover, Fame, Emblem of Holland, Luck, Beautiful eyes, Look at me, Declaration of love

Red ~ Believe me, Declaration of love, undying love

Variogated ~ Beautiful eyes, Enchantment

Yellow ~ There's sunshine in your smile, Hopeless love, Desperately in love

**Tulip Tree** ~ Rural happiness, Renown

**Turnip Blossom** ~ Charity

**Tussilago** ~ You shall have justice

## U

**Umbel** ~ shade, cool, light hearted, protective

**Umbrella Tree** ~ Nobel, Nobility love of nature, benevolence, high souled, Magnificence

## V

**Valerian** ~ Am accommodation disposition, You are considerate

**Venus's Fly Trap** ~ Duplicity

**Venus's Looking Glass** ~ Flattery

**Verbena** ~ Enchantment, Pray for me, Tender and quick emotion

Scarlet ~ Sensitivity

White ~ Honesty

**Veronica** ~ Fidelity, Fealty

**Vervain** ~ Enchantment, Superstition

**Violets** ~ Faithfulness, Steadfastness, Modesty, Virtue, Watchfulness, Let's take a chance on happiness

Blue ~ Watchfulness, Faithfulness, I will always be true, Love

White ~ Hope, Modesty, Candor

**Virginia Creeper** ~ I cling to you

**Virgin's Bower** ~ Filial love

**Vesicaria** ~ Will you dance with me?

## W

**Wake Robin** ~ Ardor, Zeal

**Wallflower** ~ Fidelity in misfortune or adversity, Fealty though ordeal

**Water Lily** ~ Purity of heart

**Wax Plant** ~ Susceptibility

**Wheat** ~ Prosperity, I wish thee riches

**Willow** ~ Forsaken, Grieving

**Wintergreen** ~ Harmony

**Wisteria** ~ Cordial welcome, Welcome fair stranger

**Witch Hazel** ~ Inspiration, Mysticism, A spell is upon me

**Wolfsbane** ~ Misanthropy

**Wood Sorrel** ~ Joy

**Woodbine** ~ Fraternal love

**Wormwood** ~ Absence

## X

**Xanthium** ~ Pertinacity, Rudeness, Impudence

## Y

**Yarrow** ~ Cure for heartache, Strife, War

**Yew** ~ Grief, Penitence, I am sorry

## Z

**Zephyranthes** ~ Expectation

**Zinnias** ~ Thoughts of absent ones, lasting affection, I mourn your absence, Goodness, Daily remembrance, Thinking of you

Magenta ~ Lasting affection

Mixed ~ In Memory of , thinking an absent friend

Scarlet ~ Constancy

White ~ Goodness

Yellow ~ Daily Remembrance

## The Rose

Near shady wall a rose once grew,  
Budded and blossomed in God's free light,  
Watered and fed by morning dew,  
Shedding its sweetness day and night.

As it grew and blossomed fair and tall,  
Slowly rising to loftier height,  
It came to a crevice in the wall  
Through which there shone  
a beam of light.

Onward it crept with added strength  
With never a thought of fear or pride,  
It followed the light through the crevice's length  
And unfolded itself on the other side.

The light, the dew, the broadening view  
Were found the same as they were before,  
And it lost itself in beauties new,  
Breathing its fragrance more and more.

Shall claim of death cause us to grieve  
And make our courage faint and fall,  
Nay! Let us faith and hope receive ~  
The rose still grows beyond the wall,

Scattering fragrance far and wide  
Just as it did in days of yore,  
Just as it did on the other side,  
Just as it will forevermore.

From the writings of

A.L. Frink

## ***The Vegetable Garden of Daily Living***

**Plant Three Row Of Peas:**

Peace of mind  
Peace of heart  
Peace of soul

**Plant Five Rows of Squash:**

Squash gossip  
Squash indifference  
Squash grumbling  
Squash selfishness  
Squash intolerance

**Plant Four Rows Of Lettuce:**

Lettuce be faithful  
Lettuce be kind  
Lettuce be patient  
Lettuce really love one another

**No Garden Is Complete Without Turnips:**

Turnip for meetings  
Turnip for service  
Turnip to help one another

**To Conclude Our Garden We Must Have Thyme:**

Thyme for each other  
Thyme for family  
Thyme for friends

**Water freely with patience and cultivate with love.**

**There is much fruit in your garden  
because you reap what you sow!**

Author Unknown

**“Listen to your Garden ~  
It will soothe your soul”  
Anonymous**

# Drying Your Fresh flowers

There are a number of methods of preserving flowers and foliage. They include hanging them upside down to dry, burying them in sand borax, or using Flower-Dri and soaking them in glycerin. The last method is especially used to preserve foliage.

Standing flowers upside down in boxes, crocks, or pans and pouring or sprinkling borax over them is a time-tested process, but many flowers dry by the simply hanging upside-down method. This is the easiest and also gives excellent results. Materials keep their shape and flowers do not fall apart. However, some flowers, pansies and zinnias, for example, will not dry by this method but must be treated with sand or borax.

When gathering flowers to preserve, work on a warm, sunny day, as plants should be gathered dry. Hydrangeas are an exception. They should be cut in the cool weather of September or October. Some flowers especially yarrow and ageratum, hold color better if placed with stems in water for a day or two before drying.

Preparing a proper work place is helpful. Your work area must be dry, warm, dark and well-ventilated. An attic or closet might be more desirable than a damp basement. Avoid direct sunlight, as this tends to fade the dried flowers and moisture is your enemy during the drying period and after arrangements have been made.

Remove all leaves immediately after cutting. Any leaf left on will contribute their moisture to the stalk and prolong the drying period. They will eventually wither and must be removed before the flowers can be used.

## Methods of Air Drying

### Hanging:

It is important to wait until the flower is in full bloom before picking. Flowers such as Acroclinium, Strawflower and Xeranthemum should never show open pollen centers, as these tend to shatter after drying.

Divide plant material in small bunches to avoid crushing or crowding. Stems are tied together to hold them securely but should not be tied so tight as to break them. Materials that can be used for tying are:

Twine  
Wire

Pipe Cleaners  
Rubber Bands

Small Cord  
Old Nylons/Pantyhose

Many people prefer to use nylons/pantyhose or rubber bands because as the stems shrink in the drying process, they will hold the stems together. Other materials may need re-tying.

Hang bunches upside-down but spaced far enough apart to allow free circulation of air. The upside-down position will encourage the semi-woody stems to dry straight and prevent the flower heads from drooping. Depending on the space available, you may hang your bunches from nails driven in rafters in the attic, wall of a closet or on coat hangers suspended from crossbars. The temperature should never exceed 110° F, otherwise the flowers will bake.

Grasses and lightweight materials dry in 1 week. The majority of material you dry will be ready in 1-2 weeks. Heavier material dries in 2 or more weeks. After drying, the material may be left there until needed. If there is a chance it could become dirty, store it in boxes (suit boxes) protected from light and moisture.

Boxes will need tight fitting lids and each box should have a label identifying the contents. Some people prefer using Saran Wrap instead of a lid, for visual identification. If you live in a humid region, place dehumidifying crystals such as Dri-Rox, in the box to absorb moisture.

### Favorable Plants

Chinese Lanterns  
Bells of Ireland  
Ornamental Grass  
Xeranthemum

Honesty  
Job's Tears  
Celosia  
Statice

Star Flower  
Strawflower  
Yarrow  
Acroclinium

## **Baskets And Containers:**

Stems and foliage will develop a slight natural curve when placed in baskets, urns or other containers. A heavy pitcher will insure a nice curve if the flower stem is allowed to droop over the spout. The is also true for wide-mouthed vases. Large, rough materials will require a container with sufficient height and weight to keep from overturning. All containers, no matter what shape or size, should be placed in a dry, warm, dark, well-ventilated area.

There are not too many types of flowers that appreciate being dried in this upright position, but perhaps you would like to experiment with a few of your own choosing. Grasses work well.

## **Stem And Head Wiring:**

Dried flowers and stems become stiff and brittle, therefore, it is wise to wire a few flower stems to insure a few curved stems or additional support for those you wish to remain straight. For the average flowers that are dried, use a #18 gauge florist wire. This may be inserted through the stem right after picking. For those flowers you choose to make a stem, such as Strawflower, Globe Amaranth, carefully remove the stems (natural stems) and insert the wire from underneath. Do not push the wire completely through the flower head, unless you plan to create a spike of flowers. A spike would contain 6-8 or more flowers of graduated size, preferably of one color. It is important that the wires be inserted the same day you pick the flowers, since the flower-heads shrink and adhere to the wire.

Large crested Celosia with short stems may have additional stem length created by punching a hole through the stubby stems or through the lower portion of the flower head. If the flower head is exceptionally broad, you may need to make two holes an inch or so apart to provide for two supporting wires.

Stem wired material may be placed upright in a wide-mouthed jar or poked into a sheet of Styrofoam. Most flowers will dry in 1 -2 weeks. Heavy flowers such as Celosia may take 3 or more weeks.

As with other dried flowers, keep the material in a warm, dark, dry, well-ventilated area. After the drying period has been completed, depending on arrangement use. Put finished product in boxes to keep them clean.

## **Favorable Plants**

Acroclinium  
Xeranthemum

Strawflower  
Globe Amaranth

Celosia

## **Sand and Borax Drying**

For this method, unless you have beach sand which is very fine and needs sifting only if trashy, first sift, wash, and dry the sand. In many localities you can obtain sand already prepared or you can sift it yourself through a screen and then put it in the oven for a few minutes, stirring occasionally until it is thoroughly dry. Never use damp sand or flowers will be spotty and show signs of spoilage.

Next pour sand to an approximate four-inch depth into a box or pan. If a box is used, first arrange several thicknesses of paper in the bottom to give it strength. Stand the flowers, which should be dry and stripped of all foliage, upside down on the sand in the bottom of the box. Try to place the flower heads so that they do not overlap or even touch. After large heads are covered, you can fill in between them with small heads. Pour more sand gently in to the box until the flower heads are covered.

Label the box with the name of the flower and the date of drying. Store in a dark cool closet for two weeks. When the time is up, pour off the sand and gently wipe the flowers free of it with facial tissue or a soft brush. They are then ready to be arranged.

Borax may be used in almost the same way as sand and is a good medium for preserving materials when space is limited. If the borax is lumpy, it should be sifted before use. With it, flowers are laced lengthwise or upside-down in the box or pan and sprinkled in the same way as for sand. Use Flower-Dri according to directions.

When selecting the borax method for flowers, consider their forms. It is best to stand circular ones, like the dahlia, and deep-cut flowers such as narcissus and lily, upside-down in the borax, gently working the powder around the

trumpets and petals. Notice the position of the petals, smooth them out if necessary and then completely cover the flower. It is not necessary to cover the stem.

Borax does cling to such flowers as snapdragons and gloxinia's. If it remains after brushing, hold snapdragons under running water for a fleeting second; or clean them with a slightly dampened brush. On gloxinia's only the brush is safe. Afterward hang them both upside-down for a few minutes.

When you remove plants from borax, work as gently as possible. Place your hand underneath flower heads and do not be too dismayed if some things come apart as you lift them. Tulips often do, but you can wrap thread around the petals and so tie them back on the stem. Some things require longer in borax than others. Daisies and jonquils, which are light in texture, require about a day and half they cannot remain in borax for long periods after they are dried because they "burn" and brown spots appear. Some flowers require sixty hours. Occasionally remove one flower head to see how it is drying. Lilies, because of their weight, must have three to five weeks. Colorful autumn leaves such as dogwood, hickory, sweet gum, and maple may also be preserved by this method. Cut long sprays of euonymus which have variegated colors of pink, purple, yellow and white. Place them lengthwise in the borax. They will keep their colors and require only three days to dry. The same borax may be used over and over.

### **These Flowers Dry Well in Sand And Borax:**

Bleeding-heart  
Delphinium  
Lilac  
Narcissus  
Chrysanthemums  
Snapdragons  
Sunflowers

Candytuft  
Deutzia  
Lily-of-the-valley  
Pansies  
Violets  
Spiraea  
Peach & Plum Blossoms

Daisies  
Dogwood  
Marigold  
Roses





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IRIS is a 501(c)3 non-profit organization dedicated to assisting parents, family, friends and professionals, experiencing the death of a child in early pregnancy (ectopic pregnancy, molar pregnancy, miscarriage, etc.) or death from premature birth, stillbirth, neo-natal death, sudden infants death syndrome (SIDS), birth defects, illness, accidents, and all other forms of infant and early childhood death

